



HHK is proud to be Stigma Free!

What does this mean?

All Ho-Ho-Kus residents, young, old and in between, can play an important role in eliminating the stigma that is associated with mental illness. Our goal is to link all community stakeholders to the resources available in the community, as well as be present and share information at all school and borough events throughout the year. Together, we can increase public knowledge about mental illness and the local resources that treat it. Mental illness is more widespread than many people think. It's also more treatable, but stigma often gets in the way.

Find out more information and find local mental health resources by exploring our [site](#). Also, follow our social media sites, found on our website above.

